



**LOMBARD &
ASSOCIATES**

PSYCHOLOGICAL
SERVICES

Personal Well-Being Services

Unleash your potential



At Lombard & Associates, we are committed towards supporting the youth of South Africa in not only coping with important life decisions, but also empowering them during this sacred and challenging journey.

Please refer to the below **3-pack summary** for our Personal Well-Being offerings.

SILVER PACKAGE

- 1 Hour Preliminary Check-In
- Reflective Well-Being Exercise
- 30 Minutes Feedback Session
- Comprehensive Report



GOLD PACKAGE

- 1 Hour Preliminary Check-In
- Well-Being Assessment
- 1 Hour Feedback
- Comprehensive Report
- 1 x Post - Counselling Session



PLATINUM PACKAGE

- 1 Hour Preliminary Check-In
- Well-Being Assessment
- 1 Hour Feedback
- Comprehensive Report
- 1 x Post - Counselling Session
- 1 x Post - Coaching Session



**Need more
information?**

CONTACT DETAILS

Lombard & Associates

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ADDITIONAL OFFERINGS

SIBLING DISCOUNT

WE OFFER
SIBLING
DISCOUNT ON
ANY OF OUR
CONTRACTED
OFFERINGS

GROUP DISCOUNT

WE OFFER
GROUP
DISCOUNT ON
OUR OFFERINGS
FOR 5 OR MORE
INDIVIDUALS

CUSTOMASIBLE OFFERINGS

WE CAN
CUSTOM BUILD
PACKAGES
BASED ON
INDIVIDUAL
NEEDS