



Coaching



At Lombard & Associates, we are committed towards supporting individuals in all walks of life. Our intentions are to support you, but also empower you to continue on your journey in a confident manner

Our Coaching Sessions are designed to aid in the discovery of subconscious processes, to implement Appreciative Inquiry Techniques and provide reflective and personal insights.

This is YOUR journey, we are here to help you NAVIGATE it!

All Counselling sessions are provided by a registered Psychologist.

Lombard & Associates reserves the right to refer clients to other registered individuals when applicable

1 Emotional Well-Being

- Developing EQ Skills
- ★
- Creating Personal Awareness
- ★
- Developing Action Plans for improvement

2 Job Effectiveness

- Securing growth opportunities
- ★
- Manage relationships effectively
- ★
- Identifying Work-related Development areas

3 Personal Skills

- Implementing Boundaries
- ★
- Managing Conflict effectively
- ★
- Ensuring Neutrality

4 Personal

- Personal Contentment
- ★
- Journey of Self-Discovery
- ★
- Investigating Personal Resistance Lines

ADDITIONAL OFFERINGS



CONTACT DETAILS

Lombard & Associates

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DUO DISCOUNT	COMBO DISCOUNT	CUSTOMASIBLE OFFERINGS
WE OFFER CO-PARTNER DISCOUNT ON ANY OF OUR CONTRACTED OFFERINGS	WE OFFER COMBO DISCOUNT ON OUR OFFERINGS FOR WELL-BEING AND COACHING SESSIONS	WE CAN CUSTOM BUILD PACKAGES BASED ON INDIVIDUAL NEEDS