



Counselling



At Lombard & Associates, we are committed towards supporting individuals in all walks of life. Our intentions are to support you, but also empower you to continue on your journey in a confident manner. Our Counselling Sessions are designed to aid in the discovery of subconscious processes, to implement Appreciative Inquiry Techniques and provide reflective and personal insights. This is YOUR journey, we are here to help you NAVIGATE it!

All Counselling sessions are provided by a registered Psychologist. Lombard & Associates reserves the right to refer clients to other registered individuals when applicable

1

Job Challenges

- Job Loss/ Retrenchment
- ★
- Need for Career Change
- ★
- Work-Life Balance Improvement

2

Job Performance

- Struggling to concentrate
- ★
- Implementation of boundaries
- ★
- Re-Ignition of Job Passion

3

Self Worth

- Process of Self-Appreciation
- ★
- Unlocking personal Authenticity
- ★
- Personal Hindrances

4

Personal

- Personal Contentment
- ★
- Journey of Self-Discovery
- ★
- Investigating Personal Resistance Lines

ADDITIONAL OFFERINGS



CONTACT DETAILS

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 083 459 9994
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MULTI OFFERING DISCOUNT	MASS DISCOUNT	CUSTOMASIBLE OFFERINGS
WE OFFER DISCOUNT WHEN 2 OR MORE OFFERINGS ARE COMBINED	WE OFFER MASS DISCOUNT ON OUR OFFERINGS FOR 3 SESSIONS	WE CAN CUSTOM BUILD PACKAGES BASED ON INDIVIDUAL NEEDS