



# Team Alignment



At Lombard & Associates, we are committed towards supporting individuals in all walks of life. Our intentions are to support others, but also empower them to continue on your journey in a confident manner

Our Team Alignment Sessions are designed to aid in the discovery of subconscious processes, to implement Appreciative Inquiry Techniques and provide reflective and personal insights.

This is YOUR journey, we are here to help you NAVIGATE it!

**All sessions are facilitated by a registered Psychologist.**

**1**

## Manage Emotions

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- Developing EQ Skills
- ★
- Creating Interpersonal Awareness
- ★
- Developing Action Plans for improvement

**2**

## Group Effectiveness

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- Identifying growth opportunities
- ★
- Manage relationships effectively
- ★
- Identifying Work-related Development areas

**3**

## Interpersonal Skills

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- Implementing Boundaries
- ★
- Managing Conflict effectively
- ★
- Ensuring Neutrality

**4**

## Work Standards

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- Personal Contributions
- ★
- Interpersonal Accountability
- ★
- Fostering a Culture of Giving

## ADDITIONAL OFFERINGS



### CONTACT DETAILS

Lombard & Associates  
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MULTI OFFERING DISCOUNT	COMBO DISCOUNT	CUSTOMASIBLE OFFERINGS
WE OFFER DISCOUNT WHEN 2 OR MORE OFFERINGS ARE COMBINED	WE OFFER COMBO DISCOUNT ON OUR OFFERINGS FOR WELL-BEING AND COACHING SESSIONS	WE CAN CUSTOM BUILD PACKAGES BASED ON INDIVIDUAL NEEDS