



LOMBARD & ASSOCIATES

PSYCHOLOGICAL SERVICES

Let's Talk



At Lombard & Associates, we are committed towards supporting parents in not only understanding their children better, but also empowering them during this sacred and challenging journey.

Our Let's Talk topics are designed to understand what is happening under the surface of the relationship and to aid in the development of a safe space between the child and the parent.

Join us and LET'S TALK!

All Let's Talk topics are facilitated by a registered Psychologist in the form of a Coaching Session and accompanied by applicable handouts. The following symbols indicate the recommended audience:



For Primary School Parents



For High School Parents

1 Homework Ergonomics

The power behind structure

★
Impact of Home setting Ergonomics

★
Study Skill Interventions

2 Warning Signs

Identification of Emotional Distress

★
Investigating Individual Needs

★
Process of Referrals

3 Creative Outlets

Investigating Stimuli Roots

★
Integration of Online & In-person experiences

★
Personal Drivers

4 Value Lenses

Individual Lens vs. Collectivist Lens

★
Personal Contributions

★
Personal Triggers in others

5 Staying Grounded

The "How to" of Floortime

★
Why Floortime is important

★
Promoting Logical Thinking

6 Being Sensory Smart

Understanding your Sensory Profile

★
Understanding your child's Sensory Profile

★
Impact of differences & Managing it

*Psychometric Assessment can be added for child and parent for insight

*Sensory Profile can be added

7 Conflict Management

Understanding Child Resistance

★
Leaning into Tension

★
Harnessing Wisdom from within

8 Handling Resistance

Effective Tools & Techniques

★
Non-Verbal Ques

★
Fostering Adaptation

9 Frontline Families

Engaging with a 3D world through play

★
Understanding the importance Family time

★
Redeeming Screen time

ADDITIONAL OFFERINGS

MULTI OFFERING DISCOUNT

WE OFFER DISCOUNT WHEN 2 OR MORE OFFERINGS ARE COMBINED

MASS DISCOUNT

WE OFFER MASS DISCOUNT ON OUR OFFERINGS FOR 3 OR MORE SESSIONS

CUSTOMASIBLE OFFERINGS

WE CAN CUSTOM BUILD PACKAGES BASED ON INDIVIDUAL NEEDS

Need more information?

CONTACT DETAILS

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